



Living Profiles // Cultural probes

All of the following domestic probes were developed by the Living Profiles research team at Art Center College of Design. They were designed specifically for the Robert Wood Johnson Foundation funded study, HealthDesign. Additional information is available at www.livingprofiles.net.

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Cultural probes

Home activities will be packaged in a single box and delivered to participants' homes. Participants will be asked to return the completed probes in the same box.

A combination of several probes that take no more than 5 to 7 hours over a 2-week period to complete will be presented to each participant.

INSTRUCTIONS

Enclosed in this box you'll find a combination of activities that are to be done at home over the next several days. Please review each one and the time estimated to complete each task before diving in. Also included for your use are colored pens and other assorted supplies.

We look forward to meeting with you soon and getting your views about health and well-being. Remember that these activities are intended to be fun – there are no wrong or right responses.

As each activity is completed, please return it to this box for easy transport. Thank you!

INCLUDED PROBES

5 Hot tips on well-being

Map the road to your future

What did you feed yourself today?

Make your mix

MoJournal and Mood meter

Map your social tree

Where is my info?

Word exercise